

Schedule

Monday Night

Age 3-4 Cr Mvmt 3:30-4
Ages 5-8 Hip Hop 4-4:30
Ages 5-8 Jazz 4:30-5
Ages 9-12 Ballet/Lyrical 4-5
Age 13+ Ballet/Lyrical 5-6
Age 13+ Jazz-6:00-6:45

Tuesday Night

Ages 5-8 Lyrical 4-4:30
Jr. Jazz Comp-4:30-5:30
Ages 9-12 Jazz 5:30-6:15
Ages 9-12 Hip Hop 6:15-7
Jr. Hip Hop Comp-7-8

Wednesday Night

Age 12+ Hip Hop Outreach-
5:30-6:30
Ministry Discipleship-6:30-7
Age 12+ Lyrical Outreach-7-8

Cost and Registration

30 Minutes: \$25 / month
45 Minutes: \$30 / month
Family Cap: \$110 / month

Monday, August 29 6-8PM
or

Call to register
(\$ 15 registration fee)

Rosemary Moore
(207) 985-9287

Messiah Christian Church
2700 Post Road
Wells, ME 04090

SonDance Dance Classes



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“ Let them praise His Name
with dancing . . . “
Psalm 149: 3

SonDance classes at the ROC will use dance as a medium to glorify God and to demonstrate the message of salvation. The art of dance is a universal language that transcends age and culture. During our recital and outreach performances, the Gospel of Jesus Christ will be presented to audiences through the testimonies of the dancers and through dances designed to express glory and honor to the Lord. SonDance's lead instructors have strong backgrounds in their respective areas of dance and deep desires to serve the Lord with their talents. Our dances will be choreographed to inspirational Christian music. A typical class will begin with prayer and then continue with technique class and rehearsal.

SonDance Philosophy and Instructors

We promote: Modest Dress, Appropriate Movement, Christian Music, Top quality, experienced Instructors

Rachel Leonard is a movement specialist. Her passion is reaching God's children through recreation, dance and fitness. As the daughter of a professional ballerina, Rachel's passion for dance developed at a very young age. She has taught hip hop, jazz, ballet and "mommy and me" dance classes to people of all ages for many years. She studied ballet and jazz at the Northeast School of Ballet in Northampton, MA and taught ballet for 3 years at the New England School of Dance in Westfield, MA. She has continued her dance training at The Konservatoriet and most recently she has mentored young dancers through the student choreography program at The Konservatoriet in Alfred. She has taken several Masters Classes and Workshops to keep her training up to date.

Joy Chase has been taking dance classes since she was 14, and hip hop is her specialty! Joy graduated from Living Waters Christian School in 2009, and is currently working at Panera Bread in Biddeford. At the age of 13, Joy became a student leader at her church's youth group, and she continues to work there as a youth leader at the age of 19. Starting in January, Joy will be entering college and working toward her dream of becoming an elementary school teacher. Joy said, "To me, dance is such an awesome way to glorify God, and really speak a loud message! I'm excited to see what God has in store for SonDance this year!" We are thrilled to have Joy joining us and we know that the SonDance students will benefit both from her dancing abilities as well as her great love for the Lord.

"The ROC . . . offering faith, hope and fun through recreation"

Joe Cook loves to dance! His specialty is Hip Hop and Breaking. He is one of our most popular teachers and certainly the most crazy! His future plans are to use dance to evangelize the world. For the past three summers, Joe has toured with Joshua Generation, a group of high school students who visit various cities proclaiming the Good News of Jesus Christ through dance. Joe is also an avid swimmer and football player and he plays the cello, bass guitar and piano.

Ashley Lowell has been dancing for eight years and teaching for four years. She loves teaching the little ones and is a hip hop enthusiast. Her dancers love her gentle and fun demeanor. Ashley spends her days as a cosmetologist at Master Cuts in the Maine Mall. She is pursuing her college degree in Writing. She has published two Christian novels and is working on publishing four other works.

Rachel Anastas is going into her sophomore year at Kennebunk High School. She has been dancing for nine years and she love dance because it's a great way to express her love for God and it's relaxing. The Lord is teaching Rachel to take chances and challenges. He's also teaching her that being in the Word everyday will not only build a relationship with Him, but also impact how she lives everyday. Rachel loves being around kids and likes teaching them and having fun with them.

We are thrilled to have these teachers join the SonDance staff this year.