



## POLICIES 2017-2018

Welcome to SonDance! We are thrilled that you have decided to dance with us. The following policies and procedures are designed to keep good order in the dance school and provide a safe environment for everyone dancing at our studio! By signing the Registration Form, you are agreeing to abide by the following policies.

- I. DRESS CODE:** Like any sport, dance has a dress code. A dress code allows students to be better focused and prepared for class. Our dress code outlines classic and appropriate dance attire and all students are required to adhere to the policy.

**A. Classroom Requirements:**

1. **Leotards:** Styles may be a tank with a 1-inch strap, cap sleeve or long sleeve are okay. No plunging necklines, no bra line/strap or tights showing in back. Lace or mesh backs are okay if these guidelines are followed.
2. **Undergarments/Jewelry:** In the dancing world, there are no undergarments showing when a dancer is performing. Therefore, we encourage parents to buy leotards where the dancers feel supported and comfortable. If undergarments are necessary, we ask that no bra line/strap is visible. No dangling jewelry in classroom.
3. **Hair:**
  - a. **Ballet-** Worn in tight bun.
  - b. **Hip-Hop-** Hair may be worn down for hip-hop, but must be pulled away from face.
  - c. **Additional techniques-** tight ponytail or bun.
4. **For All Ballet classes:** In ballet, it is crucial for teachers to see the lines of the body. Therefore, in the early levels of ballet, no ballet skirts, shorts or warm-ups may be worn.
  - a. **Ages 2.5-4.5: Creative Movement dancers:** Pink leotard, pink tights. No skirts, shorts or ballet warm-ups may be worn.
  - b. **Younger Ballet Classes: Ballet 1** (combination classes), **Ballet 2** (Beginner Ballet), and **Ballet 3** (Intermediate Ballet I), Beginner Ballet Technique: Black leotard, pink tights. No skirts, shorts or ballet warm-ups may be worn.
  - c. **Older Ballet Classes: Ballet 4** (Intermediate Ballet II), **Ballet 5** (Advanced Ballet), and **Ballet 6** (Pointe), Sr. Ballet Technique: Any color leotard, pink tights. Ballet levels 4-6 and Sr Tech may wear ballet skirts, shorts and ballet warm-ups, if needed.
  - d. **Boy's attire for Ballet:** Black under armor shirt with shorts or Adidas joggers.
5. **For All Jazz/Musical Theatre/Lyrical/Modern classes:** Black leotard (tank with a 1-inch strap, cap, or long sleeve) and black bottoms- shorts (must wear tan tights underneath), capris, leggings, yoga pants, etc. Please no sweat pants. For Adults: Please wear comfortable clothing. Pants: sweat pants or yoga type pants and loose T-shirts.
6. **For Hip Hop:** Wear comfortable clothes that allow free movement. Jeans are not encouraged for hip-hop and breaking classes. All females- please wear leotards under clothes to ensure coverage.

For Adults: Please wear comfortable clothing. Pants: sweat pants or yoga type pants and loose T-shirts.

We ask that all dance attire in the classroom be appropriate. Please refrain from exposing bare midriffs, wearing sheer/see through tops or tops with plunging necklines, thong leotards, or shirts with wording/symbols that would be troubling or offensive. Please do not wear pants with wording across the back.

**B. Dress Code Discipline:** The dress code will be enforced strictly in the classroom and the teacher has sole discretion to enforce dress code. Dancers who are out dress code will receive a gentle warning and parent will be notified. Dancers who repeatedly offend the dress code will be asked to sit out of class and the parent will be notified.

**C. Shoes:** Below are the required shoes you will need for class, as well as for our Christmas Production and our year-end recital.

1. Girls Ballet: Pink ballet shoes (canvas OR leather; split sole OR full sole) Boys Ballet: Black ballet shoe.
2. Jazz/Musical Theatre: Black Jazz shoes      Boys Jazz: Black Jazz Shoe
3. Adult Lyrical: Nude only Spins, Foot undies, Bear paws or Barefoot
4. Modern/Contemporary Outreach: Barefoot
5. Hip Hop: Clean black sneakers. No boots, no bare feet, no sandals or flats.

## II. CLASSROOM CONDUCT

### A. Attendance

1. Good attendance is imperative, as absences and tardiness can hold back an entire class. If your child will not be able to attend his or her scheduled class, please contact the studio in advance via phone or email. We cannot give a discount for missed classes. It is up to you to get your monies worth. **IMPORTANT:** We will expect full tuition payment up to the time that we are **NOTIFIED BY A PARENT IN WRITING** that a student wishes to discontinue classes.
2. After the Christmas break, teachers are setting pieces for the spring recital. Dancers who miss classes make it difficult for teachers and dancers to set the piece and practice. Also, a missing dancer impacts the piece because they do not know the choreography. Please make every effort to have your dancers at class every week and on time. If a dancer is missing class on a regular basis, the Director will contact the family to talk about attendance and the impact on that dancer's ability to participate in recital.
3. Dancers who are 15 or more minutes late to class, will not be able to participate in class having missed the warm up. They will sit and watch the class.

### B. Behavior

1. SonDance classes teach dance but also respect and discipline. At SonDance, we strive for a kind, edifying and respectful atmosphere.
  - a. If a teacher notices any behavior that is not consistent with these standards, that teacher will address the student. If the student persists in that poor behavior, the student will be referred to the Director. If after that discussion, the bad behavior persists, the student and parent will meet with the teacher and Director. We reserve the right to warn and potentially dismiss any students or family members who are disrespectful, gossiping, being unkind, physically harmful or inappropriate, or who tear down others with their words or attitudes.
  - b. If student makes a decision to sit during class (sickness, injury, fatigue, etc.), they will watch class from the mirrors, but will not be allowed to participate in the rest of class.

- C. No Electronics:** No electronics of any kind, including cell phones, ipods, ipads, etc., may be brought into the dance classroom. Students who violate this rule will be asked to bring their electronics out of the classroom to be stored in the cubby area.

### III. ADMINISTRATION OF THE SCHOOL:

- A. Snow or Bad Weather Policy:** During inclement weather, the studio will be closed if the Wells Public Schools have been closed. If at any time Wells schools are in session, but it is necessary to cancel lessons later in the day due to developing bad weather such as snow and ice, there will be a recorded message on the ROC answering machine after 2:30 P.M. that will say "SonDance classes have been cancelled". Please dial 985-9287 and connect to the ROC extension. A cancellation message will also be posted on the home page of our website. There will be no reduction of tuition for cancelled classes.

- B. Holidays:** SonDance will follow the Wells School District Schedule. No school = No dance. The email Newsletter will include information prior to holiday periods!

**C. Maintenance:**

1. NO STREET SHOES ON THE DANCE FLOOR AT ANY TIME!
2. NO FOOD, SNACKS or DRINKS (with the exception of water which must be kept on the designated area) in the dance floor areas.
3. NO GUM ALLOWED ANYWHERE, ANYTIME.
4. Due to the fact that many children are allergic to nuts, we ask that you NEVER send any snacks with NUT products to the studio.
5. We cannot be responsible for children who are waiting in the waiting area. Please be prompt in picking up your student. Students will not be allowed to leave the lobby area and wait for you outside.

- D. Solos:** Many of our dancers would like to perform solo routines at the recital. We will be reserving solos for seniors in high school or alumni who come back to dance with us. Any solo to be performed at recital must be approved by the Director prior to inclusion in the recital. Please do not assume that the SonDance facilities will be available for practice and choreography for solo routines. Use of SonDance facilities for solos must also have prior approval from the Director.

- E. Practice:** Dancers, please practice your routines at home! This will ensure you are prepared for your next class and spring recital.

- F. Lost and Found:** We are not responsible for lost or stolen items. Anything left behind in the dance rooms will be placed in our Lost and Found Bin the cubbies outside the dance room and then discarded if unclaimed after a few weeks. Please leave any valuables at home.

- IV. STUDIO PRODUCTIONS:** SonDance dancers perform in two mandatory and one optional production each year: **One Optional Production:** Nativity, a Christmas production on Friday and Saturday, December 8 and 9 at 6:30 PM. We would love every dancer to participate in Nativity, but it is optional for student participation. Keep in mind that all dancers in Nativity will be required to attend one or two Wednesday production practices the dates of which will be communicated well in advance. **Two Mandatory Productions:** 1) Our year-end Spring Recital Friday – Sunday, May 18 -20, 2018, and 2) our Annual Auction on Saturday, June 23, 2018 are both mandatory productions. By registering in SonDance, you/your dancer agree to take part in our two mandatory productions.

- V. **COMPETITION/COMPANY TEAMS:** Competition team dancers are required to sign and comply with the requirements of the Competition Team Contract.

We are so glad you have made the choice to dance with us at SonDance Academy! We are excited for another great year and please contact us for any questions by email at [Sondance@messiahchristianchurch.org](mailto:Sondance@messiahchristianchurch.org) or by calling 207-985-9287 and dialing the ext. for SonDance.