

Recreational Basketball League

REGISTRATION MUST BE FILLED OUT 20 MINUTES PRIOR TO GAME.

PAYMENTS MUST BE RECEIVED BEFORE PLAYERS CAN PARTICIPATE.

- **THIS IS A GENTLEMEN'S LEAGUE WITH THE PURPOSE OF BUILDING FRIENDSHIPS AND GETTING QUALITY EXERCISE.**
- **PLAYERS WHO ARE OVER PHYSICAL OR USE EXCESSIVE TRASH TALKING WILL BE ISSUED A ONE-TIME WARNING.**
 - **SECOND WARNINGS WILL RESULT IN MISSING A GAME.**
 - **CONSTANT VIOLATION MAY RESULT IN TERMINATION.**
- **PLAYERS WHO SHOW UP UNDER THE INFLUENCE OF DRUGS OR ALCOHOL WILL BE ASKED TO LEAVE THE PREMISES.**
- **THERE IS NO STANDINGS OR PLAYOFFS IN THIS LEAGUE.**
- **IN CASE OF WEATHER CANCELLATION OR EVENTS, GAME WILL BE MADE UP ON FRIDAY.**
- **THE ROC LEAGUE IS A 12 GAME SEASON.**

Player Signature

Date

Ethics

1. DEVOTIONS ARE PART OF THE RECREATIONAL PROGRAM.
2. WIN & LOSE GRACIOUSLY
3. PLEASE RESPECT THE MEN YOU ARE PLAYING WITH.
4. NO ARGUING OR FIGHTING
5. NO PULLING OR HANGING ON THE NETS & RIMS
6. NO SMOKING, ALCOHOLIC BEVERAGES OR ILLEGAL DRUGS ON PREMISES
7. NO FOOD OR SODA IN GYM
8. NO PROFANITY - CHILDREN ARE PRESENT
9. KEEP YOUR SHIRT ON AT ALL TIMES & NO ARGUING
10. PLEASE RESPECT THE FACILITY & EQUIPMENT
11. ENJOY THE OPPORTUNITY TO PLAY
ROC BASKETBALL

THANK YOU!

PLAY SAFE & HAVE FUN!!

Rules

WE FOLLOW COLLEGIATE RULES

- 1. WE OPERATE ON THE HONOR SYSTEM.**
- 2. TWO 20 MINUTE HALVES (RUNNING TIME).**
- 3. CLOCK STOPS LAST 2 MINUTES OF SECOND HALF.**
- 4. EACH TEAM HAS TWO TIME OUTS PER HALF.**
- 5. TECHNICAL FOUL IF TEAM CALLS TIME OUT AFTER SECOND TIME OUT.**
- 6. OFFENSIVE PLAYER CALLS THEIR OWN FOULS. REMEMBER, YOU MUST MAKE THE CALL VERBALLY SO OTHERS CAN HEAR.**
- 7. INTENTIONAL FOULS ARE CALLED BY DEFENSIVE PLAYER, MUST BE MADE VERBAL SO OTHER PLAYERS CAN HEAR.**
- 8. A PLAYER MUST CHECK-IN WITH THE SCORE KEEPER BEFORE ENTERING THE GAME. TEAMS WILL BE ASSESSED A TIME-OUT OR TECHNICAL FOUL.**
- 9. ALL CALLS MUST BE CALLED BY PLAYERS ON THE FLOOR, NO CALLS FROM BENCH ARE ALLOWED.**